



**One Parent
Families Scotland**
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Freephone Helpline **0808 801 0323**

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**Choices
North Lanarkshire**





Background



Scotland has a higher rate of teenage pregnancy in Scotland than most western European countries – around 4000 live births to teenagers every year.

North Lanarkshire has 9 per cent of all Scottish teenage pregnancies, representing about 350-370 live births every year, the third highest local authority rate in Scotland.

A strong connection between teenage pregnancy and deprivation exists in Scotland and North Lanarkshire is no different: in the under 20s, the most deprived group have approximately ten times the rate of delivery as the least deprived

Information Services Division, NHS Scotland *Teenage Pregnancy Report 2010*



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One Parent Families Scotland have carried out local research and have identified the need to develop an early intervention progression pathway for young parents to prepare for their future and ensure their children have the best start in life.

Choices - North Lanarkshire Services include:

Teen Parent Mentoring Service

Young Mums Transitional Group

Transforming Lives Young Parents Programme





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Teen Parent Mentoring Service:

Provides tailored advice, information & a holistic and peer mentoring support and is designed to engage and support pregnant teenagers who face multiple barriers to actively engage with local services.

Young Mums Transitional Group:

This group provides weekly support to young mums with babies 6 month + with the aim of developing parenting skills, positive play, reducing isolation and raise awareness of additional support services.

Transforming Lives Project:

Provides a tailored personal and social development programme that will provide intensive support and address issues and barriers faced by young parents and provide them with core employability skills





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Partnership working has been key to the development and delivery of all our services

OPFS recognises the importance of the early years and the need to support the youngest in our society as early as possible to achieve the most positive long term outcomes, particularly as one particular area of preventative spending.

