

Supporting Parents Across Dundee



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**INFORMATION**

**ADVICE**

**HOME VISITS**

**ONE TO ONE**

**PARENT**

**GROUP WORK**

**TRAINING**

**PERSONAL  
DEVELOPMENT**

**SUPPORT**

# Groups

- Busy Bees
- Me Time
- Discover Me, Discover You
- Cooking & Nutrition
- Infant Massage & Feel Good
- Parenting



# Partnership Working

- Education Department
- Social Work Department
- Health
- Housing
- Leisure and Communities
- Woman's Aid
- Woman's Rape and Sexual Assault Centre
- Dundee Association of Mental Health