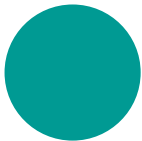
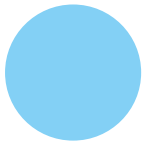




**One Parent
Families Scotland**



**Annual Report
2014**

About OPFS

Our Vision

A Scotland in which all families, without exception, can prosper from life's opportunities.

Our Mission

To ensure that one parent families have the support, contacts, and confidence needed to play a full part in Scotland's economic and social life.

Single Parents in Scotland: Some Facts



170,000 single parents with over 291,000 children¹



**Fewer than 2% are teenagers
The median age is 38²**



**92% are mothers
8% are fathers¹**



59.2% are in work³

What We Do

- Encourage and help single parents to believe in themselves, discover new talents, enter education, training or work and take up new interests.
- Expand opportunities for parents and their children to be positive contributors to Scotland's growth.
- Provide vital childcare services – allowing parents to work, learn and expand their social networks.
- Use investments by funders and sponsors to create new social capital.

One Parent Families Scotland has been dedicated to supporting single parents since the 1940s. We already play an enormous part in enhancing the lives of parents and children, but we need to do even more – the challenges we deal with are still there, and increasing, in this time of ongoing austerity and welfare reform.

1) Source: National Records of Scotland, 2011 Census: Aggregate data (Scotland).

2) Source: Annual Population Survey (APS), (Labour Force Survey plus boost), 2009 data.

3) Source: Working and Workless Households, 2012, Table P. ONS Statistical Bulletin, August 2012.

Welcome

Satwat Rehman, Director

Welcome to the 2013/2014 One Parent Families Scotland annual report.

In our 70th year we continued to provide high quality information, advice, support and childcare for single parent families and other families with similar needs across Scotland.

As always, our staff worked with passion and commitment to support families affected by the increasing cost of living, reductions in key services and the cumulative impact of welfare reform.

In a year that saw child poverty increase, we worked with families to raise the issues affecting them, both locally and nationally, and campaigned for change that will, in time, support single parent families to realise their potential.

We are keenly aware of the need for specialist services that recognise the challenges that come with the unique role of a single parent – being both main breadwinner and carer.

In 2013/2014 OPFS:

- » Directly supported **2,062** families through **group and individual support**
- » Provided childcare to **619** children, including **178** families
- » Provided **942** crèche places
- » Engaged **444** people in specific employability programmes
- » Had **2.15 million** hits on our **website**
- » Dealt with **2,848** enquiries on our **Lone Parent Helpline**
- » Sent out **1,320** publications to service users, with a further **15,615** publications being **downloaded** from our **website**
- » Trained **234** professionals from **103** organisations.

Financial Statement

Statement of Financial Activities (incorporating Income and Expenditure Account)

Full accounts available on request
from One Parent Families Scotland,
13 Gayfield Square, Edinburgh EH1 3NX

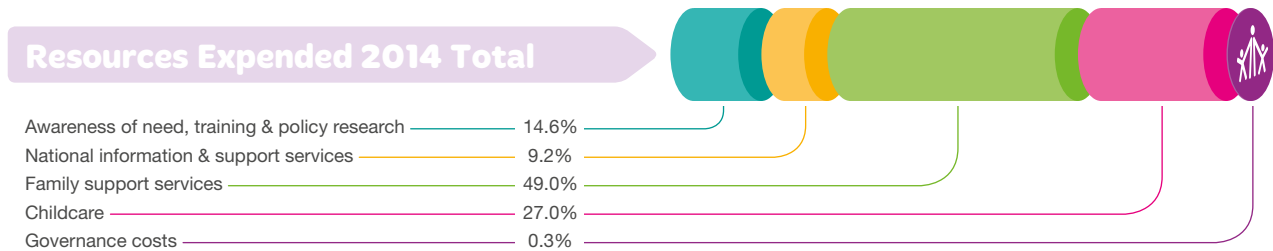
Year ended 31 March 2014

Incoming Resources

	Restricted Funds £	General Funds £	2014 Total £	2013 Total £
Incoming resources from generated funds:				
Voluntary income	–	118,386	118,386	70,393
Investment income	–	224	224	311
	<hr/>	<hr/>	<hr/>	<hr/>
	–	118,610	118,610	70,704
	<hr/>	<hr/>	<hr/>	<hr/>
Incoming resources from charitable activities:				
• Awareness of need, training & policy research	226,639	18,024	244,663	181,725
• National information & support services	213,000	1,937	214,937	316,000
• Family support services	1,548,944	32,024	1,580,968	1,099,202
• Childcare	326,062	384,241	710,303	809,541
	<hr/>	<hr/>	<hr/>	<hr/>
	2,314,645	436,226	2,750,871	2,406,468
	<hr/>	<hr/>	<hr/>	<hr/>
Total incoming resources	2,314,645	554,836	2,869,481	2,477,172
	<hr/>	<hr/>	<hr/>	<hr/>

Resources Expended

	Restricted Funds £	General Funds £	2014 Total £	2013 Total £
Charitable activities:				
• Awareness of need, training & policy research	230,335	176,391	406,726	36,744
• National information & support services	254,685	1,937	256,622	257,399
• Family support services	1,337,022	31,496	1,368,518	1,194,592
• Childcare	319,481	433,488	752,969	890,648
	<u>2,141,523</u>	<u>643,312</u>	<u>2,784,835</u>	<u>2,379,383</u>
Governance costs	–	8,178	8,178	11,911
Total resources expended	<u>2,141,523</u>	<u>651,490</u>	<u>2,793,013</u>	<u>2,391,294</u>
Net income/(expenditure) for the year	173,122	(96,654)	76,468	85,878
Net funds brought forward	218,111	451,273	669,384	583,506
Net funds carried forward	<u>391,233</u>	<u>354,619</u>	<u>745,852</u>	<u>669,384</u>



Thanks to our Funders and Supporters

Scottish Government

Dundee Partnership

Children in Need

Inspiring Scotland

NHS Scotland

Cattanach

STV Appeal

Aberdeenshire Council

NHS Tayside

Macqueen Appeal Trust

Dundee City Council

Shared Care Scotland

Henry Smith Charity

City of Edinburgh Council

Gingerbread

European Social Fund

Falkirk Council

SCVO

Scottish Power

Volant Trust

Glasgow City Council

Wave 102 Help for Kids

William Grant

North Lanarkshire Council

Grundtvig Partnership

Big Lottery

Board of Directors

Chair	Fiona Forsyth	Major Partnerships Manager, VSO Scotland
Vice chair	Ann Kelsey	Retired community regeneration worker
Treasurer	Marlene Wood	Business Advisor, University of Highlands & Islands
Company Secretary	Satwat Rehman	Director
Board Members	Kevin Cadman Ken Wardrop Mark Ballard Vivienne Robinson Twimukye Mushaka Beverley Read Rhona Cunningham	Chief Executive, Grameen in the UK Retired from Skills Development Scotland Head of policy, Barnardo's Scotland Senior Economic Development Officer, City of Edinburgh Council Fieldwork Development Officer, The Poverty Alliance Director, Firsthand Lothian Manager, Fife Gingerbread
Retired during year:	Beverley Kirk, Joanne Milligan, Douglas Hamilton, Rachael Gibbins (Company Secretary)	
Elections Nov 2014:	Fiona Forsyth (standing down) Kevin Cadman (standing down) Ken Wardrop (standing down) Liz McEntee (co-opted – to be elected) Rhona Cunningham (co-opted – to be elected)	
Finance Group:	Fiona Forsyth, Marlene Wood, Ken Mill, Mark Ballard, Satwat Rehman	
Personnel Group:	Fiona Forsyth, Kevin Cadman, Ken Wardrop, Ann Kelsey, Ann McKenzie, Satwat Rehman	



One Parent Families Scotland

A charitable company limited by guarantee.
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Scottish Charity Number: SC006403.

OPFS Headquarters

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Tel: (0131) 556 3899

Email: info@opfs.org.uk

The 101 Project

101 Whitfield Drive, Dundee DD4 0DX

Tel: (01382) 501972

Email: 101@opfs.org.uk

Braes Children & Families Centre

68/70 Forgie Crescent, Maddiston FK2 0LZ

Tel: (01324) 711271

Email: braes@opfs.org.uk

Flexible Childcare Services

Aberdeenshire

2 High Street, Kemnay, Inverurie,

Aberdeenshire AB51 5NB

Tel: (01467) 641000

Email: childcare.aberdeen@opfs.org.uk

Flexible Childcare Services

Dundee, Angus, Fife and Perth & Kinross

Families House, 20 Grampian Gardens, Dundee DD4 9QZ

Tel: (01382) 502504

Email: childcare.dundee@opfs.org.uk

Choices – Glasgow

Level 2, 100 Wellington Street, Glasgow G2 6DH

Tel: (0141) 847 0444

Email: choices@opfs.org.uk

Choices – North Lanarkshire

42 Civic Square, Motherwell ML1 1TP

Tel: (01698) 239961

Email: choices@opfs.org.uk

Dundee Community Family Support Project

14 St Boswells Terrace (Ground Left),

St Marys, Dundee DD3 9PT

Tel: (01382) 819121

Email: cfsp@opfs.org.uk

www.opfs.org.uk

Design by Paul Wilson.